

EFAS Advanced Symposium

DIFFICULT SCENARIOS AND CONTROVERSIES
Tower Hotel, Genoa, Italy
4th-5th December 2015



**PRELIMINARY
PROGRAMME**

Register Online – www.efas.co

WELCOME

Dear Colleagues,

It is with great pleasure that I send you the Preliminary Programme for our bi-annual EFAS Advanced Symposium which this year takes place on 4th-5th December 2015 in Genoa, Italy.

The programme for the symposium has been co-ordinated by the EFAS Scientific Committee and the theme is Difficult Scenarios and Controversies. This theme continues the 'Advanced' level of the symposium and presenters will use case based presentation in order to share knowledge and experience. The purpose of providing Advanced symposia is to continue to challenge our perspective and to ensure that we remain leaders in the Foot and Ankle Specialty. I am grateful to our Local Host, Marco Guelfi, for his support within the Scientific Committee in the organisation of this symposium in Genoa, the birthplace of Christopher Columbus.

We hope that you will join us in Genoa.



Martinus Richter
EFAS President

EFAS SCIENTIFIC COMMITTEE

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M. Delmi
M. Guelfi (Local Host)
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F. Krause
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M. de Prado	J.W. Louwerens	A. Rochwerger	J. Vernois
M. Delmi	E. Maceira	P. Ronconi	A. Viladot
		A. Sakellariou	I. Winson

PRELIMINARY SCIENTIFIC PROGRAMME

FRIDAY 4TH DECEMBER

- 08.00-09.00 Registration - Foyer Nastro Azzurro
- 09.00-09.10 Opening Ceremony - Gran Salone Rex
M. Richter, EFAS President
D. Redfern, Chair of EFAS Scientific Committee
M. Guelfi, Local Host



SESSION 1

ARTHRITIS IN THE FOREFOOT

Joint chair: D. Redfern & M. Richter
Room: Gran Salone Rex

- 09.10-09.17 **PERONEAL TENDONS:**
Mild to Moderate Disease: What is the best option?
Percutaneous cheilectomy should replace open cheilectomy
J. Vernois
- 09.17-09.24 Arthroscopic Techniques
M. Guelfi
- 09.24-09.40 Discussion
- 09.40-09.47 **MODERATE TO SEVERE DISEASE: FUSION IF THE ONLY ANSWER?**
Open M1 Osteotomy
F. Malerba
- 09.47-09.54 Percutaneous Osteotomies
M. De Prado
- 09.54-10.01 Hemi-resurfacing
P. Ronconi
- 10.01-10.08 Synthetic Cartilage implants
A. Sakellariou
- 10.08-10.15 Keller Arthroplasty
A. Viladot
- 10.15-10.22 Total Joint Replacement
T. Clough
- 10.22-11.00 Discussion
- 11.00-11.30 Coffee and Exhibition

SESSION 2

ARTHRITIS IN THE FOREFOOT: 2ND MTPJ ARTHRITIS

Joint chair: Y. Tourné & B. Magnan
Room: Gran Salone Rex

- 11.30-11.35 Metatarsal Osteotomies
C. Saltzman
- 11.35-11.40 Excision Arthroplasty
M. Delmi
- 11.40-11.45 Implant Arthroplasty
E. Samaila
- 11.45-11.50 Is Fusion indicated?
E. Rabat
- 11.50-12.10 Discussion

SESSION 3 MTPJ INSTABILITY ON THE LESSER RAYS

Joint chair: C. Milano & J.W. Louwerens

Room: Gran Salone Rex

I REPAIR THE PLANTAR PLATE

12.10-12.18 Plantar plate repair via dorsal pproach

C.Nery

12.18-12.26 Plantar Plate repair via plantar approach

M. Thomas

I DON'T REPAIR THE PLANTAR PLATE

12.26-12.34 Open approach

E. Maceira

12.34-12.42 MIS approach

D. Redfern

12.42-12.20 Discussion

13.20-14.40 Lunch and Exhibition

13:50-14:30 Industry Workshops

SESSION 4 "A COMPLEX CASE FROM MY PRACTICE"

Joint chair: I. Winson & M. Delmi

Room: Gran Salone Rex

14.40-14.48 *M. Richter*

14.48-14.56 *A. Viladot*

14.56-15.04 *J.W. Louwerens*

15.04-15.12 *S. Giannini*

15.12-15.20 *M. Davies*

15.20-16.00 Discussion

SESSION 5 GUEST LECTURE

16.00-16.30 The Knife and Fork on the Plantar Plate

C. Nery

16.00-16.30 Coffee and Exhibition

SESSION 6 DELEGATE CASES "THE EFAS GENOA CLINIC"

Room: Gran Salone Rex

Panel: U. Alfieri Montrasio, J. L. Besse, A. Dalmau, M. Davies, J.W. Louwerens, C. Saltzman

17.00-18.30 Delegates invited to submit Cases for Discussion to the EFAS Secretariat
Email: efas@eventplus.ie

20.30

EFAS SYMPOSIUM DINNER, AQUARIO DI GENOVA

Coaches depart Tower Hotel at 20.15

SESSION 7

MANAGEMENT OF THE ADULT SPASTIC EQUINOVARUS FOOT

Joint chair: F. Ceccarelli & D. McBride

Room: Gran Salone Rex

- 08.30-08.45 Aetiology, Epidemiology and non-operative treatments
M. Laura
- 08.45-08.53 Clinical analysis and decision making
D. Singh
- 08.53-09.01 Is there still a place for selective neurotomies?
P. Briggs
- 09.01-09.09 Joint conserving surgery
A. Rochwerger
- 09.09-09.17 The role of Arthrodesis
J. Hamel
- 09.17-10.00 Discussion
- 10.00-10.05 Best Paper FAS Journal Award 2014
- 10.05-10.10 EFAS Travelling Fellowship Report
- 10.10-10.40 Coffee and Exhibition

10.40-12.15 EFAS GENERAL ASSEMBLY

- 12.15-13.30 Lunch and Exhibition
- 12.40-13.20 Industry Workshops

SESSION 8

ANKLE INSTABILITY

PART I: WHAT IS THE OPTIMAL TECHNIQUE FOR REPAIR OF THE LATERAL LIGAMENTS?

Joint chair: M. Guelfi & V. Valderrabano

Room: Gran Salone Rex

- 13.30-13.38 Anatomical Reconstruction
Y. Tourné
- 13.38-13.46 Non-anatomical Reconstruction
F. Cortese
- 13.46-13.54 Arthroscopic Ligament Repair and Reconstruction
S. Guillo
- 13.54-14.02 The Revision Situation (failed/recurrent lateral instability)
V. Valderrabano
- 14.02-14.40 Discussion
- 14.40-15.10 Coffee and Exhibition

SESSION 9

PART II:

ANKLE INSTABILITY OTHER CONSIDERATIONS

Joint chair: M. Richter & E. di Cave

Room: Gran Salone Rex

- 15.10-15.18 When to operate on medial ankle instability
B. Hintermann
- 15.18-15.26 High Ankle sprain and syndesmosis instability
F. Vannini
- 15.26-15.34 The role of calcaneal osteotomy in ankle instability
F. Uselli
- 15.34-15.42 The role of subtalar instability
F. Krause
- 15.42-16.25 Discussion
- 16.25-16.35 Conclusion and closing remarks
M. Richter, EFAS President
M. Guelfi, Local Host
D. Redfern, Chair EFAS Scientific Committee

GENERAL INFORMATION

ORGANISATION & CONGRESS SECRETARIAT EFAS Secretariat, 76a Upper Georges Street, Dun Laoghaire, Co. Dublin, Ireland.

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GENOA, ITALY Genoa, which forms the southern corner of the Milan-Turin-Genoa industrial triangle of north-west Italy, is one of the country's major economic centres. The birthplace of Christopher Columbus, Genoa has a rich history of art, music, gastronomy, architecture which allowed it to become the 2004 European Capital of Culture. For Art lovers Genoa is the home of the Ligurian School where the key figures were Rubens, Van Dyck and Bernardo Strozzi. The city has an abundance of paintings, sculptures and other works of art held in the many museums, palaces, villas, art galleries and piazzas. Despite its industrial reputation Genoa is a gracious city with many fascinating historic landmarks to visit. For further information on Genoa's attractions go to www.visitgenoa.it



SYMPOSIUM VENUE The Tower Hotel is strategically located just beside the Genoa Cristoforo Colombo Airport. The Tower Hotel is a business Hotel, designed for the corporate client, the Hotel offers a highly equipped conference center offering 21 meeting rooms and 283 bedrooms and suites. Visitors who wish to go into Genoa city and the waterfront area can use the hotel's complimentary shuttle (shuttle timetable available at the Hotel Reception).

HOW TO REACH GENOA **By Air:** Cristoforo Colombo Airport is the fastest way to reach Genoa, as well as the most spectacular, since the runway is almost entirely surrounded by the sea. Landing in Genoa, flying over the promontory of Portofino welcomes you with an unforgettable view of the city. Flights to Genoa Cristoforo Colombo Airport from Barcelona, London, Paris, Istanbul, Monaco, Rome, Brussels, Tirana, Bari, Naples and carriers Air Dolomiti, Air France, Alitalia, Blu Express, British Airways, Lufthansa, Meridiana, Ryanair, Siberia Airlines, Turkish Airlines, Volotea, Vueling. Participants can also choose to fly into Milan and connect to Genoa by train.

Train: The city's central stations are Genova Piazza Principe - Piazza Acquaverde 4 (the main departure/arrival point to and from the North and West) and Genova Brignole - Piazza Verdi 1 (the main departure/arrival point for connections to the East and South). If you plan to fly into Milan

there is a frequent Fast service from Milan to Genoa with at least one train per hour from Milan Centrale to Genoa Piazza Principe (Intercity service) and journey duration 90 minutes. For more information: Trenitalia - Ferrovie dello Stato www.trenitalia.com

By Car: From Milan/Torino/Sanremo/France A10 (all directions). Follow signs to Genoa Airport and exit motorway. After toll proceed to the airport and The Tower Hotel is on the right.

EXHIBITION AND SPONSORSHIP There are opportunities for industry to participate in an exhibition and lunch workshops and at the EFAS Advanced Symposium. Request an information pack from the EFAS Secretariat at efas@eventplus.ie - Tel: +353 1 230 2591.

CONGRESS LANGUAGE The main congress language is English.

ACCREDITATION EFAS has applied to EACCME for accreditation for this symposium.

REGISTRATION & HOTEL ACCOMMODATION Online Registration and accommodation reservations for this congress are available on the EFAS website: www.efas.co Registration Fees for delegates include: Symposium & Exhibition entrance fees, participant bag with Symposium Book, coffee breaks, lunches (Friday & Saturday). Please note that Accommodation and Symposium Dinner are not included in the registration fees.

Hotel Accommodation The symposium venue Tower Hotel has rooms available as part of the EFAS allocation. Rooms are €120 per room (single occupancy) and €145 (double occupancy) including breakfast and city tax.

Hotel rooms can be reserved using the online Registration form www.efas.co

INSURANCE Registration Fees do not include insurance and delegates are advised to arrange their own travel insurance.

CANCELLATION No refunds of registration fees are available after 1st November 2015.

Cancellation of accommodation reservations must be received in writing to the Secretariat and are subject to the Group cancellation policy of the Tower Hotel, Genoa

VISAS For delegates who may need to apply for a visa for entry into Italy please refer to: www.esteri.it/visti/index_eng.asp

SOCIAL PROGRAMME

Friday 4th December 2015 - **SYMPOSIUM DINNER** - Aquarium Genoa (Aquario di Genova)



Join colleagues and friends for the EFAS Symposium Dinner in the unusual and beautiful aquarium which is the largest in Europe. You will be welcomed with an aperitif followed by dinner in a surprise venue within the Aquarium surrounded by the spectacular marine environment. Reserve your tickets for this special evening event on the Registration Form at www.efas.co

Tickets €95 per person (includes return transport from Tower Hotel, aperitif, dinner and wines).

SPONSORS

EFAS gives special thanks its Platinum Sponsor for their continued support:



For information on the packages available in the EFAS Sponsorship Club please contact the EFAS Secretariat - Email: efas@eventplus.ie or Tel: +353 1 230 2591

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on booth
3 & 4

ANKLE ARTHRITIS & DEFORMITIES

FLATFOOT

HALLUX VALGUS & HALLUX RIGIDUS

MID&HINDFOOT PATHOLOGIES

A SCREW IS A SCREW.

What makes the difference ?

ACHILLES TENDON RUPTURE

LESSER TOE DEFORMITY

INTEGRA
LIMIT UNCERTAINTY

